



Patient Name:
DOB:

PHN:
MRN:
Address:

Patient label
here

Phone:

Cardiac Risk Reduction & Rehabilitation Program Referral Form

Royal Jubilee Hospital

1952 Bay St, Royal Block 3 Room 343

Victoria, BC V8R 1J8 Phone: 250-519-1601 Fax: 250-370-8267

Referral Date: _____

Referring Provider		MSP #		
Provider signature				
Phone #				
Fax #				
Family Practitioner				
REASON FOR REFERRAL				RISK ASSESSMENT
	Diagnostic Category*	Target	Event Date	(for awareness)
<input type="checkbox"/>	CABG / Valvular disease (Post-op open heart surgery)	21-30 days		Low Risk: EF ≥ 50%; no CAD or mild to mod single vessel disease, or fully revascularized
<input type="checkbox"/>	Percutaneous Coronary Intervention (Post Angiogram/PCI)	2-7 days		Intermediate Risk: EF 40-49%; severe single vessel CAD/ mild 2 vessel CAD/ fully revascularized
<input type="checkbox"/>	MI / Stable or Unstable Angina	7-30 days		High Risk: EF ≤ 39% or moderate to severe multi-vessel disease or incomplete revascularization: complex ventricular arrhythmia; heart failure; history of cardiac arrest; multiple MI's
<input type="checkbox"/>	Arrhythmias	1-30 days		
<input type="checkbox"/>	Other			
SUPPORTING DOCUMENTS REQUIRED				
(if not available on PowerChart)				
Mandatory:				
<input type="checkbox"/>	Medication list (note: <i>Cardiac Services Discharge Instruction</i> sheet indicating Cardiac Rehab RJH referral is an acceptable referral form)			
If Available:				
<input type="checkbox"/>	Physician consultation			
<input type="checkbox"/>	Lab results (from last 6 to 12 months: CBC, Lytes, Creatinine, eGFR, Lipid Panel, HBA1c, ALT, TSH, NT-pro BNP/BNP) if not completed by Island Health			

*Taken from CCS Commentaries on Access to Care (2006). Access to cardiac rehabilitation.

Please ensure patient has copy/or is aware of this referral

NOTE: Patients can be referred or self-refer to the following community based risk reduction services:

- **Heart to Heart & Heart Matters** Education Programs 778-678-8423 or Email: admin@islandhearttoheart.ca
- **Take Heart & Breathe Well Exercise Programs** – (see link online at below website to access more information)

See <https://www.islandhealth.ca/our-services/heart-health-services/cardiac-risk-reduction-rehabilitation-program-heart-health> for above services